Colour-coded chopping boards

Red: raw meat & poultry
Beef, pork, lamb, chicken, turkey



Blue: raw fish & seafood
Fillets, whole fish, prawns, shellfish



Yellow: cooked meat
Ham, cold roast meats, cooked chicken



Green: salad & fruit
Leaves, cucumber, herbs, fruit eaten raw



Brown: vegetables
Unwashed, muddy and root veg



White: bakery & dairy
Bread, cakes, cheese



Purple: allergen-free
Orders made for a customer with an allergy



Right board, right knife. Clean and disinfect between every job, and never use a raw board for ready-to-eat food.